

CONGRATULATIONS!



Congratulations Morwenna on gaining a BSc in Physical Geography. Good luck with your Masters at Bristol University. Love & hugs Mum, Dad, Jacob, Callum & Meg xx



GOLDEN WEDDING ANNIVERSARY

**Congratulations to
Valda & Mike Ryalls!**

Printed by Phil Tucker Email philip.tucker@parishmagazineprinting.co.uk



Sunset sky

Photo: Alison Barham

Have you got a photo that you would like to share & have printed in the magazine? If so, please send a copy by email to the editor.

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Copy for the next issue of the magazine should be emailed to Alison Barham or given to a member of the editorial committee no later than:

2nd November 2018

South Petherwin Parish Magazine



Issue no 87

September 2018

HARVEST HOME



Photo: Phil Parsons

Also in this issue: Tai Chi coming to the village hall, gardening & wildlife, the power of social media and much more....

Parish Council Update By Rebecca Frame, Parish Clerk



We have had an update regarding the proposed speed reduction measures at Daws House.


The temporary speed visor at Petherwin Water collated vehicle speed data during a monitoring phase (the speed visor appeared to be switched off) and again during a display phase. This was to determine if a 'flashing 30' sign would reduce incidents of motorists exceeding the speed limit. The data determined that an active display resulted in a reduction in motorists speed.

Therefore it has been proposed by Cornwall Council that a permanent solar-powered speed visor will be installed where the temporary speed visor is currently situated. A final approvals process will take place in another month or so.

South Petherwin could also be the first village in Cornwall (we believe) to have a 'gateway' speed reduction feature.

SpeedVISOR Summary Sheet

B3254 Daw's House, South Petherwin (North-eastbound)

Speed Limit 

Summary Table			
Parameter	Monitoring Phase 02 May 2018 @ 10:30 to 09 May 2018 at 11:35 8 days	Display Phase 09 May 2018 at 11:36 to 12 Jun 2018 at 12:36 35 days	Total Observations ----- Difference Monitoring Phase to Display Phase
Number of Observations:	9,079	50,483	59,562
Mean Speed:	38.4	35.7	-2.7
85%ile Speed:	48	44	-4



Gateways are designed to highlight the entrance to a Parish, Town or Village and/or change of speed limit. Drivers tend to notice and accept the distinction between two speed limits when there is a more distinctive demarcation between zones. The road at the Launceston end of Daws House is wide enough for

such a feature. Again this is under consultation but we should have confirmation in the coming weeks.

The outlined changes to the road markings may take longer due to the scarring caused by removing white lines. The proposed changes to the white lines will reduce the perceived width of the road which has also proven to slow motorists down. This work will not be carried out until the next round of road maintenance at Daws House; date unknown.

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Business	Advertiser	Page
Boilercare	ESG Boilercare	22
Bookkeeping	Caroline Harris	13
Butchers	Jaspers	30
Carpentry	Andrew Hosking	12
Cattery	Lovaton Cattery	27
Engineering	PRJ Engineering	9
Financial advisor	Jonathan Blake	23
Footcare	Mobile Foot Care	11
Garage	Ruby's Garage	23
Gardening	Round & Round the Garden	29
Hairdressing	Bliss Hairdressing	9
Hairdressing	Nic Parker	7
Ironing service	Flat Out/Jackie Radford	21
Landscaping	Hine Landscaping	11
Lawnmower repair	Jack Rich	8
Mortgages	GBFC/Ian Beacham	32
Newspaper	Cornish & Devon Post	28
Painting & decorating	Adrian Davey	27
Plumbing	David Elcock	29
Plumbing	Dowson's Plumbing	28
Plumbing	Radford Plumbing	12
Pre School	South Petherwin Pre School	8
Property maintenance	George Bateman	9
Recreation	Hidden Valley	31
Slimming	Slimming World	7
Solicitors	Parnalls	12
Sweep	Melanie Young	27
Sweep	R Mears & Sons	11
Travel	Group Travel	22
Trees & Garden maintenance	Daniel Bees	29
Tutoring	Angela Colmer	8
Vets	Calwetton Vets	29
Vets	Castle Vets	13

Themed Food Evenings in the Village Hall

Since Friday 6th July, there have been regular pop-up food evenings in the Village Hall. These have been organised by South Petherwin Village resident Joe Thomson through his Firebrand brewing concern.

So far, each night has had a theme. The first event was a Smokehouse BBQ, the second was a Pizza evening, the third was a Middle Eastern evening, the fourth was a Burger evening, and as I write, Friday September 7th will be a Mexican Feast evening.

So far, I've managed to attend all but the first, and I have to say I've thoroughly enjoyed them all. The atmosphere has been friendly and informal, and the variety in cuisine has meant that you are always anticipating the food on offer. As a vegetarian it was pleasing to see that we are catered for with some thought going in to the vegetarian food, and not just treated as an afterthought.

Myself, my wife, and friends and neighbours have enjoyed relaxed evenings in the hall, catching up on local events over food and drink, and I personally found it a great way to wind down at the end of the week.

Considering the limitations of cooking in the Village Hall, I think Joe has succeeded in providing a unique range of food varieties and sundries, and it must take quite an effort to deliver within such a confined environment.

The Village Hall has started to see an increase in regular events being staged there. I don't know how regular these events will continue to be arranged with Autumn approaching, but I would like to think there are at least a few more in the pipeline. Anything that can put the Village Hall to good use in providing a focal point for villagers to get together on an informal basis has to be a good thing.

Phil Fox



Sloe Gin

Sloes are the fruit of the Blackthorn from our hedgerows. Start looking out for these ripening round blue fruits from October.

Ingredients

- 500g of sloes
- 6 oz of granulated sugar
- 2 x 75cl bottles of gin
- 3 bottles with stoppers or screw top

Divide the gin and sugar equally into 3 bottles. Using a darning needle pushed through a cork (makes it easier to hold the needle) prick the sloes individually all over and add them into the neck of the bottles until the bottle fills up. Leave in a cool dark place, shaking occasionally and ensure the sugar is dissolved. By Christmas you will have a red syrupy liqueur and the longer you leave it the better it tastes - and nothing like your traditional gin. There are many varying recipes to this depending on how sweet you like it.

Ella Payne



Parish Council Update By Rebecca Frame, Parish Clerk

You may also have noticed that we have been visited by the Launceston Speed Watch team, a volunteer group that monitors the speed of vehicles in areas reported to have a speeding issue. Repeat offenders are dealt with by Cornwall and Devon Police. If you are interested in becoming involved in this group, please contact the Parish Council or Launceston Town Council.

On a different subject, you may be aware that the village public toilets are still out of order, for which the Parish Council apologises; the Parish Council is determining how best to replace the existing toilet with a more robust solution and they hope to have the toilets repaired within the next month.

Finally, for your information, it was decided at the last Parish Council meeting that, as from 1 November 2018, Parish Council meetings would be held on the first Wednesday of each month at 7.00pm rather than the second Wednesday of each month at 7.30pm; as always interested parties are very welcome to attend.

Regards, Rebecca

Email: parishcouncil@southpetherwinpc.org

Contact your local MP

SCOTT MANN (Con)

Westminster
House of Commons
London
SW1A 0AA

Constituency office of Scott Mann
10 Market House Arcade
Fore Street
Bodmin PL31 2JA
Telephone 01208 74337



Season of harvests and new beginnings

Welcome to the September issue of the magazine and my first. Many thanks again to Helena Northmore for her years at the helm!

September may herald the end of the summer, but it also offers new starts—back to school and college or maybe the chance to take up a new hobby or activity. There really is a lot going on in the parish and the potential for even more—in October Tai Chi is starting up in the village hall (see page 16), joining the successful new ventures of singing club (featured in our May issue) and the Firebrand pop-up restaurants (see page 34). We also have the usual mix of articles on farming, gardening and wildlife, village and local events and news from parish associations, clubs and societies.



This is your parish magazine and so we always welcome your views and articles. Also, don't forget to submit news & information to the village website (Phil Fox at phillip_fox@yahoo.co.uk). Please don't hesitate to contact any of us on the committee—details are on the back page.

FARMING NEWS



As the autumn fast approaches and daylight hours disappear, farmers in the parish will be busy planting winter crops of wheat or barley along with stubble turnips or grass-seeds for grazing early next year. The combines can be parked up as the spring barley or wheat, delayed by the rain, was finally harvested between the showers. The long dry summer will have upset the normal farming cycle of production with shortages of grass for grazing, silage and straw. Prices of feed have risen and straw for bedding went up in price from around £80 a ton last year to £120+.

For most of us in the farming industry, it has been such a contrast to last year's wet summer with that harvest panic, "Oh no, cut for hay only to discover rain on the way!". This year, we could happily cut the grass and let the sun make hay.

One crop which has thrived in the hot weather, maize, just kept growing and is set for good yields, possibly well ahead of the normal harvesting date.

There is no doubt more rain will be needed to keep the grass growing for a late bite going into the autumn as the sheep are put to ram and a flush of grass increases the fertility. The full impact of this year's dry weather is still being felt, but that's the nature of farming—no one year is ever the same.

Phil Parsons

COLLISION IN SOUTH PETHERWIN

Late in the afternoon of Sunday 2nd September, many villagers noticed an air ambulance landing in a field in South Petherwin. This was unfortunately due to a collision involving a cyclist and a vehicle with a horse-box. A woman sustained a leg and hip injury after coming off her bike. She was airlifted to Derriford Hospital by air ambulance, but Devon & Cornwall Police advise 'her injuries are not described as life changing.' The B3254 was shut for several hours by the police. Anyone who saw what happened or has information is asked to contact police via 101@dc.police.uk or phone on 101, quoting reference number 744 of 02/09/18.



GARDENING MATTERS

The weather has returned to more of what we expect and everything has greened up quickly and is having a late growth spurt.

Overall this summer has been perfect for butterflies. Some butterfly friendly plants include Buddleia, Michaelmas daisies, Sedums, Lavender, Marjoram, Verbena Bonariensis and Sunflowers.

Gardening jobs in September

- Now that we have seen a decent amount of rain it is a good time to mulch the borders by adding a thick layer of good quality compost or bark chippings.
- Spring flowering shrubs such as Camelias, Rhododendrons and Azaleas need regular watering as they start to produce flower buds.
- Plant hardy spring bedding plants such as Primulas, Sweet Williams, Wallflowers and Violas.
- September is a good time to sow new lawns or lay turf as long as it is not too dry or cold.
- Herbs can be potted up and brought inside for use in winter months, a light windowsill is ideal for mint, chives, parsley and thyme.
- Move and divide perennials in autumn and they will establish growth quicker in the spring.
- Onions can be lifted and laid out to dry before storing.

Ella Payne

Email—samnellap@gmail.com



Verbena Bonariensis



Michaelmas Daisies



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OPERATION MORELLO

Never has the power of social media generated such a positive outcome as it did back in June when I slipped a disc and my world fell into hapless chaos. I've always been fit, active and only occasionally bothered by back problems that are swiftly fixed by an excellent therapist I've known for years. However this pain was different and when I found myself using Roger's crutches and barely able to move without excruciating agony, I sensed defeat. By 11pm, two paramedics were sitting in the lounge, I was giggling on gas and air, talking like Joanna Lumley but the pain no longer mattered because everything was just so funny. Reluctantly prised off the cylinders, I was given sturdy drugs, eased into bed and Roger could finally get some sleep.

Unable to drive and with Roger exhausted from his resulting ME crash, life suddenly became a little scary. Propped up with five cushions, hefty painkillers and a glass of water, I decided to rally the troops and use Facebook to gather some friends and neighbours together for help. With lots of offers, I set up a group called 'Operation Morello' and asked these lovely people for specific things I needed assistance with. From shopping, transport, Hoovering, lifting and appointments, these tasks were spread around a group of friends living across a 20 mile radius and nobody felt crushed by responsibility because another group member was always available to volunteer. I was even taken out for cake once I felt a little more comfortable and the kindness of people in the village was simply humbling. Through gruelling physiotherapy, wearing a stylish lumbar brace, 100 buttock clenches a day and gentle walking, I slowly regained some mobility and after about a month, I was able to return to work for a gradual reintegration into normal life - clutching my cushion.

Given Roger's disabilities, this type of injury is restricting on many levels. Roger was marvellous but the more he helped around the house, the worse his ME became, so it was vital to receive such generous offers of rescue and rehabilitation from the best of good hearts.

There's a wealth of adverse press about social media these days, but this single point of group contact, the ability to share photos ("Can you buy me one of these please?"), so many boosting comments on my personal timeline and the division of jobs – all of these things helped me recover faster, so I felt it important to share my experience and say thank you to all involved including the amazing paramedics who still made me laugh, even after their shift was over.

I can't go running at the moment and London Marathon 2019 plans are totally dashed, but I feel incredibly grateful to everyone who cared; both emotionally, practically, humorously and through cake. I feel so lucky. My next challenge is balancing on a Pilates ball for eight weeks. I do hope those buttock clenches will come in handy.

Cherry Pyke

Summer Wildlife

Wildlife must have been quite puzzled by the amazing summer we have had. Some plants have loved it (wonderful crop of figs), others have hated it (the bamboo is really not happy). The grass looked totally dead, but a couple of rain showers and it is growing as fast as ever. The abandoned lawn mower has had to be retrieved.


The creatures in our gardens have also been affected in various ways. There seem to be fewer slugs than usual (hooray – but what are the thrushes going to eat?), and more butterflies than we have had in recent years. Fewer flies, but more wasps. This wasps' nest (above) being constructed in a shed roof gives a wonderful view of the interior construction of this extraordinary edifice.



One pest which has been suffering – though not as a result of the weather – is the rabbit. Rabbit haemorrhagic disease has been affecting rabbits in Devon and now seems to have crossed the border. If you find a dead rabbit with no obvious sign of injury it is likely to be the result of this disease. It is a horrible illness though not all rabbits are affected by it and those that are seem to die quite quickly. Mixed emotions here – fewer rabbits to attack our crops but you can't help feeling sorry for them.

I wonder what the winter is going to bring to our local wildlife.

Kaye Montgomery


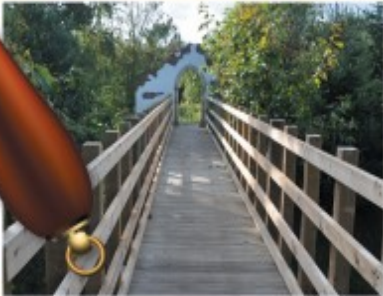




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Tuesday 16th October at 7.00pm

"Science of a Genius"
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On the life and career of the physicist Harry Moseley who was tragically killed at Gallipoli in 1915 at the age of 27.

Entry still free but donations are very welcome to cover hire of room & speakers' expenses. All refreshments must be paid for. At Jericho's Kitchen, 4 Northgate St, Launceston PL15 8BD (top floor). For any queries contact: Cherry Warne on 01566 772701 or email: cheerywatsonovna@btinternet.com or through our website: www.cafescilaunceston.org

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LEST WE FORGET: Remembrance Day Sunday 11th November

A short service and wreath laying will be held at the War Memorial followed by a service at either St Paternus Church or South Petherwin Methodist Church. Details to be confirmed.

BAAA-N TO RUN: WOOLLY JUMPER LOOSE IN VILLAGE!



Some of you will have noticed the sheep who occasionally liked to escape their field and run amok on the B3254 this summer. Pictured is one of the culprits being persuaded to return to her pasture by Phil Parsons, Phil Fox (with shepherd's crook??) and a helpful passer-by.... The sheep declined to give her name.



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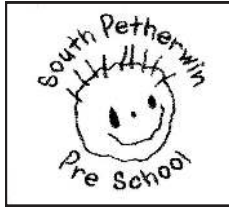
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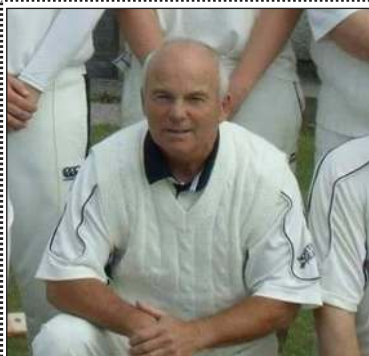


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Cricket: a fantastic season for both teams

It has been a fantastic season for both teams on the field. The first team finished in 3rd place in their league, with 14 year old Taylor Gerry top scoring with nearly 400 runs for the season. The second team finished second in their league, after only losing 2 games this season. They will either host St Stephen or Werrington in a "winner takes all" play-off on September the 15th, for a place in Division 5 for the 2019 season. If you would like to come and watch the clubs final game you will be warmly welcomed at the ground, which is near Kennards house, in the field next to the Lanson show field. If you are looking to play cricket next season, then don't hesitate to contact either Jacob Masters, first team captain on 07891115713, or Roger Gerry, the club's secretary, on 07973909556.



Derek Clements

It is with great sadness that we report that Derek passed away after a short illness. Derek had been a member of the club for 35 years, taking an active role in running the club, raising funds, being the groundsman, encouraging young players, captaining both first and second teams countless times and being the club chairman. Derek always had time for team members and supporters and dedicated much of his life to the club. Derek's wife Jean and most of his family are part of the club and we send them our condolences. He will be truly missed by all at the club.



What is the Neighbourhood Watch Scheme?

An active NHW householder is one who knows what to do when a crime or other emergency occurs, knows their neighbours and is willing to help them, observes the unusual and is willing to report it and takes sensible precautions for their home and personal security. Police contact details can be found in the 'Useful Numbers' section on page 19.

Co-ordinators: The Village: Helen Masters (775545)
 Tiny Meadows: Richard Beacham (773614)
 Tregaller Lane and Tremeale: Mary Stoneman (773375)
 Tregaller Lane and Tremeale: Crispin Earle (774038)
 Daws House: Andrea Foster (779181)
 School watch: Gillian Sleep (773300)

If you are interested in joining the scheme please contact any of the above. We need new co-ordinators to cover estates and outlying areas of the parish.

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SOUTH PETHERWIN METHODIST CHURCH



We have opened our doors generally on the last Monday of each month to provide lunch in the Sunday School Room. This was instigated by Wendy and Tony Smith in September 1999, (who are still running it,) the first one being held on Monday 27th September 1999. Joan Whale has been on board since the inception, some 19 years ago, and together with other loyal and committed helpers down through the years, this has made for a very successful ongoing and well supported community event.

Mary Stoneman

South Petherwin Methodist Church Harvest Festival Services:

Sunday 7th October 11am Speaker, Mrs Sue Rowell
Monday 8th October 6.45pm Short Service to be led by Mrs Ann Foster
 Harvest Supper to follow
 £5.00 Adults £2.50 Children

Bookings please – Mary Stoneman 01566 773375

Christmas Tree Festival

We intend holding a Christmas Tree Festival in mid December (date to be confirmed later).

We warmly invite interested parties i.e. businesses and organisations who would be interested in participating in this venture to contact Revd. Jo Smart at jcsmart@me.com.



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Pre school News By Rachel Jeffery

This summer holiday has seen the children being awarded second place in the community section with their entry for Launceston Show. This was the first year the children had entered the show, and the challenge was to make a planter out of recycled materials. The children looked at lots of pictures of ideas and talked about what they liked in the garden, and after several discussions the children chose to make a 'Bee Tree'. They recycled cans by covering them with stripes, and wings were made from plastic milk bottles. One of the pre-school parents kindly made a tree out of a pallet for us and attached our bees securely. The children then planted up the bees with different plants. Our 'Bee Tree' was finally complete and ready for the show. Many of our families visited the show and were happy to see the children's hard work awarded with a prize.



Also, while the children have been on holiday, the outdoor play area has had its dramatic transformation. All of the bark and tree roots have been removed and it has been replaced with synthetic grass. M L Garden services have done a fantastic job and we can't thank them enough. All of the children have enjoyed using the play area in the few days we have been back, and some of the older children even explored the texture with bare feet. It's great to come back to pre-school welcoming new families and children. We are sure it will be a busy and enjoyable year.

South Petherwin (Wind Turbine) Community Fund Your Fund – Your Money

For application form contact the Secretary Pether Northmore
Email: peternorthmore1@btinternet.com Tel: 778744

Next trustees meeting: 17th October 2018

Applications to be received by 10th October please



School News By Theresa Mills



We are delighted to welcome our new reception children into school. They have settled so well and we look forward to following their progress (and smiles) through their time here at the school. We now have 110

children in the school and are so popular that we are having to turn away requests for admissions every week!

Our school has been selected in the next round of the Tesco Bags of Help initiative. Voting started at the beginning of this month and runs until 31st October. We are currently in second place and really want to get to first! **Please** remember to pick up your token when you shop in Tesco's, **please** vote for us and **please** encourage as many friends and family to do so as well. We want to develop outdoor learning spaces (starting with the area outside Class 3 which Andy Crocombe has brilliantly fenced off) and every token will make a difference. Thank you.

Finally, we are very pleased to announce our extended school hall is now 'officially' open. Our youngest child in the school (Kieran) and our eldest (Bella) cut the ribbon with the help of 'Gareth Southgate'. We celebrated the event with songs, poems and a wonderful selection of musical performances. It was a really memorable afternoon followed by tea and delicious cakes which Miss Wills had kindly cooked for everyone.



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CHURCH NEWS

St Paternus Church (C of E)

By Clare Beacham

Hatches, Matches and Dispatches!

We are fortunate to have the church, providing a sense of tradition and history in the centre of our village. We often pass by either on foot or by car without giving it a thought, but it is there to help us celebrate some of the most important events of our lives, if we want it. It is also open daily for us to visit for a time of reflection, or just for a little look around.

However, have you ever stopped to think about how much work and expense is involved in keeping such an old public building going? You may think that the church is rich enough to fund the maintenance of the building or perhaps, like some other countries, the government provides money for their upkeep. In the UK, neither of these assumptions are true. It falls on the congregation of each church to raise the money necessary to keep the church going each year.

In 2017, the congregation of St Paternus in South Petherwin had to raise just over £9,000 to cover the running costs of the church. The insurance alone cost £1,700. This is because we have to be covered for public liability, community events & activities such as bell ringing, as well as insuring the building against fire and theft.

The congregation of St Paternus are a happy band and enjoy looking after their church. However, we are only few in number, so we would also be grateful for any support that you could give us, no matter how large or small, at our various fundraising events that we have during the year. These events are opportunities for the community of South Petherwin to come together to socialise, as well as ways of raising much needed funds. Hopefully we will see you at an event soon!

Friday 28 th September	7.30pm	Quiz night in the village hall
Sunday 14 th October	4.30pm	Harvest Festival followed by supper and auction of produce
Saturday 10 th November	10am–12 noon	Gift Day
November (date tbc)		Christmas Flower Arranging Demonstration by Janet Crossman
Saturday 1 st December	10am onwards	Christmas Fayre
Sunday 16 th December	6.30pm	Carol Service
Wednesday 23 January		Soup and Sweet

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3rd NOV - BRIDGWATER CARNIVAL

17th NOV - FESTIVAL OF LIGHT @ LONGLEAT

23rd - 26th NOV - TURKEY & TINSEL @ BOURNEMOUTH

24th NOV - CLARKS SHOPPING VILLAGE, STREET

8th DEC - BATH CHRISTMAS MARKET

16th DEC - MOUSEHOLE & ANGARRACK LIGHTS

2019

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LAWRENCE HOUSE MUSEUM

Neville Northey Burnard: Genius of Altarnun

11th November 2018 is the bicentenary of the birth of Neville Northey Burnard, precocious and renowned sculptor in his day whose life went from rags to riches and back to rags again. To celebrate, Lawrence House Museum is putting on a display of some of his work in the inner hall of the museum until Friday 26th October when the museum closes this year.

Burnard was born in Penpont, Altarnun, where his father was a stonemason, and at the age of 10 left school to help his father as a 'mortar boy'. However, he began to draw and to carve angels and men, flora and fauna on an old oak door and then turned his talents towards carving on slate, using a chisel made from a large nail.

At the age of 12, he carved a small headstone for his 9 year old cousin's grave, (now in the Royal Cornwall Museum), and also a small cameo from a shell (now in Trewint Cottage). This was followed, aged 14, by a headstone to the grave of his grandparents in Altarnun Churchyard. He went with other stonemasons to Place House in Fowey where his talent was recognised by Sir Charles Lemon and persuaded to go to London to work with the best sculptors of the time.

After 30 years in London, and after he had produced an impressive list of busts, medallions, statues and memorials, his work was no longer fashionable. He began to drink and gave up his studio, returning to his roots in Cornwall. He often stayed with friends but eventually became ill and died in Redruth Workhouse. He was buried in an unmarked grave. It is sad that his work has been neglected and forgotten.

As well as Burnard's plaster bust of the other genius of Altarnun, John Couch Adams, astronomer and co-discoverer of the planet Neptune, which is part of the museum's collection (see photo), we have been fortunate to borrow, from the Royal Falmouth Polytechnic Society, a slate relief of the Trojan Laocoon and his sons who were killed by snakes sent by the goddess Athena who favoured the Greeks in the war. Burnard carved this relief when he was only 16, never having had any formal training. He was awarded the first silver medal given by the society. Also on display will be a bust of the Prince of Wales, later Edward VII, at the age of 6. This was commissioned to mark the visit of Queen Victoria and Prince Albert to Cornwall and was exhibited at the Society. It was approved of by her Majesty who thought it 'very correct'.

Remember the museum closes this year on Friday 26th October but until then will open every weekday during the hours of 10.30 to 4.30 (last admission 4pm).

Special events:

Saturday 13th October - Friends of Lawrence House Museum coffee morning in aid of FLEET (Frontline Emergency Equipment Trust) 10.30am – 1pm.

Tuesday 23rd October - "Fake or Fortune" free antiques valuation day from 10am-12 noon.

You can keep up to date with our website: www.lawrencehousemuseum.org

The museum is signposted from all the town's car parks and has a ramp for wheelchair access to the ground floor. We look forward to seeing you.



Cherry Warne



Tai Chi & Qigong for health & wellbeing....

Coming to the Village Hall
in South Petherwin!



It was really by chance that this came about.

My husband Joe, 63, and myself Di, 53, have run our own motorcycle business in South Petherwin for a number of years now and met David, 64, through motorcycle training and had become friends.

Joe and I were experiencing high stress levels & health issues and were feeling mentally and physically drained primarily due to an imbalance of work, rest & play so we bought e-bikes a couple of months ago as an incentive to purposefully make time to ride them. It was on one of these rides that we found ourselves passing David's house, so we called in for a coffee. This is when we noticed numerous awards, qualifications and certificates for not only Tai Chi but also certain martial arts. We had a vague idea of Tai Chi and its benefits but it was VERY vague.....

Fast forward to the present day and after one session a week and limited home practice for the last 6/8 weeks we are now proficient in the simplified version of the 24 form Yang Style Tai Chi, together with the 18 movement Shibashi Qigong, despite having no previous experience and not being the most agile people in the world!

Don't get me wrong – we haven't been the quickest students to pick it up AND we have limited time to practice outside of lessons AND we are by no means as graceful or as flowing as David – but due to his experience, expertise, encouragement, patience and obvious passion for these arts, we have now reached a standard where we can support David in the sessions, demonstrate with him, and will also be on hand to offer tips & advice. We are improving and learning all the time.

We cannot stress enough the health, physical, mental and emotional benefits we are gaining as well as the pure enjoyment we are achieving from practising Tai Chi and Qigong. After all, we are far more likely to learn something new if we enjoy doing it. Tai Chi and Qigong are for all ages (classes are for 18yrs+) and all abilities (disabled, limited mobility, able-bodied) and energises you while promoting a sense of well-being and personal achievement.

Classes are aimed at complete beginners learning at a realistic pace initially starting with the basic 10 form Tai Chi & 18 movement Shibashi Qigong - running for up to 8 weeks giving you the basic technique to then go on the 24 step Yang Style Tai Chi for those who would like to progress.

Private tuition is also available – please ask for details.

We are having a free advice/taster/drop-in session on Monday 8th October from 3-8pm in the Village Hall. You are welcome to come along, ask questions and have a go! Pop in for a chat and a cuppa.

Actual Classes commence on Monday 15th October. We are running two classes every Monday 4–5.30pm & 6.30–8pm.

For more information contact David on: 01566 786717

or email: keannahillstaichi@outlook.com

GOODBYE MR RIPLEY

Over the last eight years, some of you will have met Ripley, our gorgeously soft, affectionate, grey and white cat who was always on a quest for his next dinner. At the end of July, after battling with chronic asthma, larynx problems and various other ailments, we received the unexpected and devastating news that he had an incurable malignancy in his kidney and we had to let him go. Glebe Vets were incredibly compassionate. Turns out he had only been born with one kidney. Stoic, gentle, characterful and loving, with the loudest purr and a wheezy snore, Ripley was a rescue cat who chose us and dribbled with pleasure when he first saw his new home. This summer he sat outside in the garden, basking on his back in the warm sunbeams. Ripley was a particular friend to Barbara Wadland's household and often sneaked a paw across her dinner plate when she wasn't looking. Adapting with ease to the introduction of Tenzing two years ago, Ripley affably accepted much pouncing and chasing and the pair became close companions. Sometimes a super special cat comes into your life; Ripley, with his liking for tinned peaches, smelly shoes, carrier bags, cuddles and comfortable cushions, was happy in this village and adored by many people. It was an honour to love him and we all miss his beautiful soul.



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A LOOK BACK ON THE RAF100 CELEBRATIONS By Rebecca Frame

April 1st this year saw 100 years since the formation of the Royal Air Force. July 10th marked the 100th year and 100th day and was celebrated with a parade and flypast down The Mall to Buckingham Palace. We were very fortunate to receive tickets for the enclosure at Horse Guards Parade to view the proceedings on large screens and enjoy getting up close to examples of RAF aircraft both past and present.

The day started with a commemorative service at Westminster Abbey attended by the Royal Family and was followed by a parade of 1500 RAF personnel down The Mall for Her Majesty The Queen at Buckingham Palace.



Typhoons 100

At Horse Guards we were in a prime position to see the highlight of the day, almost 100 RAF aircraft flying over The Mall. The aircraft formed up halfway across the North Sea towards the Netherlands and it was an extraordinary sight. Aircraft old and new, many travelling at almost stalling speed, in perfect formation with the finale being 22 Typhoon aircraft

forming a faultless '100'. We were also able to view the static aircraft display at Horse Guards that featured our most modern aircraft, F-35 Lightning and Typhoon, and our classics including Spitfire and Dakota.

The aim of RAF100 over the past year, and the 300 plus events that have taken place both nation and worldwide, was to Commemorate, Celebrate and Inspire and I have never felt prouder to be part of an organisation that has done, does, and will do in the future, so much to protect the United Kingdom.

Well done the RAF on a tremendous celebration!

The Official RAF100 cake



1500 RAF personnel on parade at Buckingham Palace viewed on the big screen at Horse Guards Parade



News from Cake and Rakers - Community Consultation

Many thanks to all those who attended the community consultation on Friday 31st August, about the state of the closed cemetery of St Paternus and made it such a lively and enjoyable evening. We were lucky to have Robert Moore of *Living Churchyards* who spoke interestingly about the many aspects of managing a churchyard for wildlife, including how the appearance is improved, how beneficial it can be for children and how ancient cemeteries contain a very special seed bank, because they have never been cultivated. Robin West delivered a presentation about the nuts and bolts of the project followed by zoology student, Kayleigh Hunt, who explained her findings relating to bird diversity and churchyard management. C&R were able to answer many questions along with Heather West, Vicar of St. Paternus. People stayed on to continue the discussion, enjoy the tea and cakes and take in the information boards and items on display, such as wonderful bird boxes made by Peter Bailey.

Here are some of the main points we were able to explain:

- C&R are NOT currently managing the churchyard.
- If adopted, the management plan will greatly improve the appearance of the churchyard, by regularly maintaining wide borders of short grass and ensuring there is access to visited graves and memorials. There will be areas of long grasses and wildflowers with paths cut through.
- Bird diversity is highest in cemeteries that are managed for wildlife and lowest in cemeteries that are mown short. Cemeteries such as SP, that are cut randomly 3 times a year are between the two.
- The raking is to remove the cuttings which make the ground too fertile for wildflowers to grow and causes thatching which kills what is underneath.
- Cornwall Council would continue to fund the cutting of the grass and have agreed for that budget to be directed to a local contractor to do a bespoke job.
- C&R plan relates to grass cutting ONLY. Trees, paths and walls remain entirely managed by Cornwall Council.

The meeting was held to give us all an opportunity to voice thoughts and concerns. If you were unable to make it, or to return the comment slip delivered to residents, please email spcakeandrakers@gmail.com or find us on Facebook: South Petherwin Cake and Rakers. We are always happy to consider what people have to say and make changes as necessary.

Abi Caine



The Really Useful Page

WHAT	WHEN	WHERE	WHO
Methodist Lunch	12.30 24th Sept & 29th Oct	Methodist Hall	Wendy Smith
Methodist Coffee Morning	10.30am Sat 13th Oct & Sat 10th Nov	Methodist Hall	Tony Smith 782204
St Paternus Church coffee morning	The first Saturday of each month from 10am	St Paternus Church	D Adams 774244; B Cobbledick 772559
SING!	7-9pm Thursday	Village Hall	Sam Davies 07590 371796
BIMBO's (Over 50's keep fit)	Every Monday (except B/Hols and lunch club dates) 9.30am	Methodist Hall	Vi Brook 779243
Bell ringers	7.30pm Mondays	St Paternus Church	Nigel Parker 773233
Skittles	7pm Tuesdays	Village Hall	Peter Northmore 778744 Vi Brook 779243
Bingo	Last Wednesday of the month 2pm	Village Hall	Pat Locke 774671
Table tennis	10am Tuesdays	Village Hall	Tony Bawn (U3A) 777125
Tai Chi	From Monday 15th October: 4-5.30pm and 6.30-8pm	Village Hall	David: 786717
S. Petherwin Cricket team	Weekly practice & fixtures	S. Petherwin Cricket ground	07810 493583; 07973 909556

Hall Hire

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Methodist Hall: contact Wendy Smith on 782204

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Church Services

St Paternus Church (C of E)

Sunday worship at 11.15
(no service on 5th Sunday of the month)

Rev Heather West 770649

Church wardens:
Deborah Adams 774244
Barbara Cobbledick 772559

Methodist Chapel

Sunday Service at 11am

Minister: Rev Jo Smart 782921
Steward: Tony Smith 782204

South Petherwin Parish Council

The Parish Council meets on the second Wednesday of each month at 7.30pm in the Village Hall (in summer) and the Methodist Chapel Hall (in winter).

It is open for anyone to come and listen in.

Parish Councillors:

Chairman: Phil Parsons

Michael Screech

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